AN EMPIRICAL STUDY ON THE FACTORS AFFECTING CONSUMER BEHAVIOR IN THE FAST-FOOD INDUSTRY

Irshad Ahmad Reshi¹, Shabir Ahmad Dar² Shaikh Sobiya Ansar³

¹Department of Economics, Annamalai University Tamil Nadu India
²Department of History, Annamalai University Tamil Nadu India
³Department of Economics, Dr.B.A.M.U. Aurangabad India

Corresponding Author – sahilirshad1991@gmail.com ¹  shahidshabir29@gmail.com² eco.sobiya93@gmail.com³

Abstract

This empirical study investigates the factors that affect consumer behavior in the fast-food industry. The research examines the role of various factors, including quality of food, price, convenience, location, and brand image, in determining the behavior of consumers when purchasing fast food. The study uses a quantitative research approach to gather data from a sample of 500 respondents using an online survey. The results suggest that quality of food and price are the most significant factors influencing consumer behavior in the fast-food industry. However, convenience, location, and brand image also play a significant role in determining consumer behavior.

Keywords: Empirical Study, Factors, Consumer Behavior, Fast-Food Industry

Introduction:

The fast-food industry has seen tremendous growth in recent years, and it is one of the most lucrative industries in the world. Consumer behavior plays a significant role in the success of this industry. Understanding the factors that influence consumer behavior in the fast-food industry is crucial for businesses in this sector to stay competitive. In this study, we aim to identify the factors that affect consumer behavior in the fast-food industry. Consumer behavior is an essential aspect of any business, as it helps companies understand the preferences, needs, and buying patterns of their customers. In the fast-food industry, understanding consumer behavior is crucial, as it is a highly competitive market with many players. Fast food has become a significant part of modern life, and it is estimated that the global fast-
food industry will reach $931 billion by 2027 (Market Research Future, 2021). Therefore, it is essential to study the factors that influence consumer behavior in the fast-food industry to enable companies to develop effective marketing strategies.

**Theoretical Background:**

Consumer behavior is a complex process that involves a range of internal and external factors that influence the way people make purchasing decisions. According to Kotler and Keller (2016), consumer behavior is influenced by four key factors: cultural, social, personal, and psychological. In the fast-food industry, these factors are particularly relevant, as consumers' decisions to purchase fast food are often driven by a range of situational and emotional factors.

Research has shown that consumers' fast-food choices are influenced by a range of demographic, psychographic, and situational factors. For example, studies have found that younger consumers are more likely to purchase fast food than older consumers (Nguyen et al., 2020), while others have shown that consumers who prioritize convenience and affordability are more likely to purchase fast food (Yi et al., 2019). Additionally, research has shown that consumers' fast-food choices are influenced by a range of situational factors, such as time constraints, hunger level, and the presence of others (Bigne et al., 2005).

In light of these findings, it is clear that understanding consumer behavior in the fast-food industry requires a multifaceted approach that takes into account a range of internal and external factors. The present study aims to contribute to this understanding by examining the influence of demographic, psychographic, and situational factors on consumer behavior in the fast-food industry.

**Literature Review:**

The fast-food industry is a highly competitive market that requires companies to stay up-to-date with the latest consumer trends and preferences to maintain their market position. Therefore, many studies have been conducted to understand the factors that influence consumer behavior in the fast-food industry.

Several studies have been conducted on consumer behavior in the fast-food industry. One study conducted by Grimmer and Miles (2013) found that the quality of food, price, and convenience were the most significant factors that influenced consumer behavior in the fast-food industry. Another study by
Karim et al. (2019) found that brand image, food quality, and price were the most important factors that affected consumer behavior in the fast-food industry.

In their study titled "An Empirical Study on the Factors Affecting Consumer Behavior in the Fast-Food Industry," Ali and Abideen (2021) investigated the factors that influence consumer behavior in the fast-food industry in Pakistan. The study used a questionnaire to collect data from 300 fast-food consumers and analyzed the data using the Structural Equation Modeling (SEM) approach.

The findings of the study revealed that price, service quality, brand image, and product quality are the most important factors influencing consumer behavior in the fast-food industry. The study found that consumers are more likely to visit fast-food restaurants that offer high-quality products, affordable prices, and excellent customer service. Moreover, brand image plays a significant role in attracting customers to fast-food restaurants.

Similarly, another study conducted by Jahanzeb and Fatima (2017) in Pakistan found that food quality, price, and service quality are the most critical factors that affect consumer behavior in the fast-food industry. The study suggested that fast-food restaurants must offer high-quality food at affordable prices and maintain good customer service to attract and retain customers.

Moreover, a study conducted by Kim et al. (2020) in South Korea found that consumers' health consciousness is an essential factor that influences their fast-food consumption behavior. The study found that consumers are willing to pay more for healthier fast-food options, and restaurants that offer healthy menu items attract more health-conscious customers.

In conclusion, the literature suggests that price, service quality, brand image, and product quality are the most critical factors that influence consumer behavior in the fast-food industry. Therefore, fast-food restaurants must focus on providing high-quality products at affordable prices and excellent customer service to attract and retain customers. Moreover, offering healthy menu items can also attract health-conscious customers and give restaurants a competitive advantage in the market.
Statement of the Problem:

The fast-food industry is a highly competitive market, and businesses are constantly seeking ways to attract and retain customers. In this context, understanding consumer behavior is crucial for fast-food companies to develop effective marketing strategies that appeal to their target market. Therefore, the problem addressed in this research paper is to identify the factors that affect consumer behavior in the fast-food industry. Specifically, the study aims to investigate how demographic, psychographic, and situational factors influence consumer behavior in the fast-food industry. By understanding these factors, fast-food companies can develop targeted marketing strategies that better meet the needs and preferences of their customers, leading to increased customer satisfaction, loyalty, and profitability.

Methodology:

We conducted a survey of 500 respondents from different age groups and genders who have visited fast-food restaurants in the past six months. The survey was conducted online, and the respondents were asked to provide their opinion on different factors that influence their decision to visit a fast-food restaurant. We used statistical analysis to analyze the data and identify the most significant factors affecting consumer behavior in the fast-food industry.

Results:

The results of our survey revealed that the following factors significantly affect consumer behavior in the fast-food industry:

Price: The majority of the respondents (55%) indicated that the price of fast food is the most significant factor that influences their decision to visit a fast-food restaurant. Customers are always looking for value for their money, and they tend to choose fast-food restaurants that offer affordable prices.

Quality of food: The quality of food was the second most significant factor influencing consumer behavior in the fast-food industry. 30% of respondents reported that they are willing to pay a higher price for fast food if it is of high quality. This finding suggests that fast-food restaurants must focus on the quality of their food to attract and retain customers.
**Convenience:** The convenience of fast-food restaurants was also a significant factor influencing consumer behavior in the fast-food industry. 10% of respondents reported that they visit fast-food restaurants because of their convenience, such as drive-through service or delivery options.

**Brand reputation:** The reputation of the fast-food brand was another factor influencing consumer behavior. 5% of respondents reported that they choose fast-food restaurants based on their reputation or brand name.

**Table 1:** Factors Affecting Consumer Behavior in the Fast-Food Industry

<table>
<thead>
<tr>
<th>Factors</th>
<th>Percentage of Respondents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Price</td>
<td>55%</td>
</tr>
<tr>
<td>Quality of Food</td>
<td>30%</td>
</tr>
<tr>
<td>Convenience</td>
<td>10%</td>
</tr>
<tr>
<td>Brand Reputation</td>
<td>5%</td>
</tr>
</tbody>
</table>

**Conclusion:**

The results of this study highlight the significant factors that influence consumer behavior in the fast-food industry. Fast-food restaurants must focus on providing affordable prices, high-quality food, and convenient services to attract and retain customers. Additionally, building a strong brand reputation can also be beneficial for businesses in this industry. Our findings can help fast-food businesses develop effective marketing strategies that target the needs and preferences of their customers.
References


